

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 17:00 untill 17:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaert Ciaran

Coaches: Kindt Maarten

Coaches: Van Pelt Marie

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M BACKSTROKE WOMEN 11-12			Heat:1, starttime: 18:00
Heat: 1/5 Lane : 3 Athlete: TALHAOUI HANA			Q-time: 01:49:98
PB (50m pool): 01:48.90 LOCHRISTI 25/01/2026			PB (25m pool): 01:49.98 SB: 01:48.90 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:48.90	
	no time		
			

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 11-12			Heat:2, starttime: 18:03
Heat: 2/5 Lane : 2 Athlete: DE ZWAEF EMMA			Q-time: 01:41:40
PB (50m pool): 01:47.89 LOCHRISTI 25/01/2026			PB (25m pool): 01:41.40 SB: 01:47.89 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:47.89	
	no time		
			

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 11-12			Heat:2, starttime: 18:03
Heat: 2/5 Lane : 8 Athlete: VAN CALENBERGH LENA			Q-time: 01:44:02
PB (50m pool): 01:45.76 LOCHRISTI 25/01/2026			PB (25m pool): 01:44.02 SB: 01:45.76 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:45.76	
	no time		
			

Coach feedback:

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Event number: 10: 100M BACKSTROKE WOMEN 11-12				Heat:3, starttime: 18:06	
Heat: 3/5 Lane : 2 Athlete: HUYLEBROECK TELMA				Q-time: 01:36:00	
PB (50m pool): 01:36.00 Aalst 20/12/2025				PB (25m pool): 01:36.37 SB: 01:36.00 Aalst 20/12/2025	
	5 0 M	1 0 0 M			
PB	00:46.80	01:36.00			
	00:46.80	00:49.20			
					

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 11-12				Heat:3, starttime: 18:06	
Heat: 3/5 Lane : 4 Athlete: VAN LAETHEM MILA				Q-time: 01:33:25	
PB (50m pool): 01:34.72 LOCHRISTI 25/01/2026				PB (25m pool): 01:33.25 SB: 01:34.72 LOCHRISTI 25/01/2026	
	5 0 M	1 0 0 M			
PB	no time	01:34.72			
	no time				
					

Coach feedback:

Event number: 12: 200M BUTTERFLY WOMEN 13+					Heat:2, starttime: 18:21	
Heat: 2/2 Lane : 7 Athlete: DE SMET LILY					Q-time: 02:52:22	
PB (50m pool): no time					PB (25m pool): 02:52.22 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+				Heat:2, starttime: 18:27	
Heat: 2/11 Lane : 5 Athlete: TALHAOUI MAHER				Q-time: 01:12:62	
PB (50m pool): 01:12.62 Antwerpen 13/07/2025				PB (25m pool): 01:13.53 SB: no time	
	5 0 M	1 0 0 M			
PB	00:34.11	01:12.62			
	00:34.11	00:38.51			
					

Coach feedback:

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 13: 100M FREESTYLE MEN 13+			Heat:3, starttime: 18:29
Heat: 3/11 Lane : 2 Athlete: BLONDEEL NILS			Q-time: 01:10:18
PB (50m pool): 01:12.47 Antwerpen 13/07/2025			PB (25m pool): 01:10.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.79	01:12.47	
	00:34.79	00:37.68	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:4, starttime: 18:30
Heat: 4/11 Lane : 3 Athlete: DE BACKER RUNE			Q-time: 01:06:75
PB (50m pool): 01:08.72 Antwerpen 13/07/2025			PB (25m pool): 01:06.75 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:08.72	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:5, starttime: 18:32
Heat: 5/11 Lane : 5 Athlete: BOMBEECK MATHIAS			Q-time: 01:05:22
PB (50m pool): 01:06.05 Aalst 20/12/2025			PB (25m pool): 01:05.22 SB: 01:06.05 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:31.08	01:06.05	
	00:31.08	00:34.97	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:5, starttime: 18:32
Heat: 5/11 Lane : 7 Athlete: VERNAILLEN SEPPE			Q-time: 01:05:66
PB (50m pool): 01:10.31 Antwerp 02/02/2025			PB (25m pool): 01:05.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.10	01:10.31	
	00:34.10	00:36.21	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE MEN 13+			Heat:6, starttime: 18:33
Heat: 6/11 Lane : 7 Athlete: OSSELAER ELANO			Q-time: 01:04:79
PB (50m pool): 01:06.66 Aalst 20/12/2025			PB (25m pool): 01:04.79 SB: 01:06.66 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:31.47	01:06.66	
	00:31.47	00:35.19	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:7, starttime: 18:35
Heat: 7/11 Lane : 1 Athlete: DE WITTE JUUL			Q-time: 01:02:57
PB (50m pool): 01:03.56 LOCHRISTI 25/01/2026			PB (25m pool): 01:02.57 SB: 01:03.56 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.56	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:7, starttime: 18:35
Heat: 7/11 Lane : 4 Athlete: VERHAEVERT NAN			Q-time: 01:01:70
PB (50m pool): 01:01.70 Aalst 20/12/2025			PB (25m pool): 01:02.40 SB: 01:01.70 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:29.15	01:01.70	
	00:29.15	00:32.55	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:7, starttime: 18:35
Heat: 7/11 Lane : 8 Athlete: STASSIJNS NAND			Q-time: 01:03:07
PB (50m pool): 01:04.23 Antwerpen 13/07/2025			PB (25m pool): 01:03.07 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.26	01:04.23	
	00:31.26	00:32.97	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE MEN 13+			Heat:8, starttime: 18:37
Heat: 8/11 Lane : 4 Athlete: DEKYVERE MATHIAS			Q-time: 00:59:78
PB (50m pool): 01:02.99 Aalst 11/05/2025			PB (25m pool): 00:59.78 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.33	01:02.99	
	00:30.33	00:32.66	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:9, starttime: 18:38
Heat: 9/11 Lane : 4 Athlete: WOJCIULA TYMON			Q-time: 00:58:34
PB (50m pool): 00:58.80 Antwerpen 20/07/2025			PB (25m pool): 00:58.34 SB: 01:04.22 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:28.60	00:58.80	
	00:28.60	00:30.20	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:11, starttime: 18:41
Heat: 11/11 Lane : 3 Athlete: CAUDRON XIBE			Q-time: 00:54:90
PB (50m pool): 00:56.29 Aalst 20/12/2025			PB (25m pool): 00:54.90 SB: 00:56.29 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:26.86	00:56.29	
	00:26.86	00:29.43	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:1, starttime: 18:43
Heat: 1/15 Lane : 4 Athlete: DE ZWAEF EMMA			Q-time: 01:32:81
PB (50m pool): no time			PB (25m pool): 01:32.81 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:1, starttime: 18:43
Heat: 1/15 Lane : 6 Athlete: VAN CALENBERGH LENA			Q-time: 01:36:36
PB (50m pool): 01:37.71 Aalst 28/06/2025			PB (25m pool): 01:36.36 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.17	01:37.71	
	00:46.17	00:51.54	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 18:45
Heat: 2/15 Lane : 1 Athlete: HUYLEBROECK TELMA			Q-time: 01:30:47
PB (50m pool): no time			PB (25m pool): 01:30.47 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 18:45
Heat: 2/15 Lane : 3 Athlete: TALHAOUI HANA			Q-time: 01:29:68
PB (50m pool): 01:32.82 Antwerpen 13/07/2025			PB (25m pool): 01:29.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.17	01:32.82	
	00:45.17	00:47.65	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 18:45
Heat: 2/15 Lane : 6 Athlete: VAN LAETHEM MILA			Q-time: 01:29:76
PB (50m pool): 01:37.56 Aalst 28/06/2025			PB (25m pool): 01:29.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.08	01:37.56	
	00:45.08	00:52.48	
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 18:51
Heat: 5/15 Lane : 3 Athlete: KEMSEKE JENNE			Q-time: 01:17:53
PB (50m pool): 01:17.53 Antwerpen 13/07/2025			PB (25m pool): 01:17.65 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.52	01:17.53	
	00:37.52	00:40.01	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 18:53
Heat: 6/15 Lane : 3 Athlete: BADIDI CHAHD			Q-time: 01:15:66
PB (50m pool): 01:18.05 Antwerpen 13/07/2025			PB (25m pool): 01:15.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.52	01:18.05	
	00:37.52	00:40.53	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 18:53
Heat: 6/15 Lane : 5 Athlete: VAN NIEUWENHUYSE LOTTE			Q-time: 01:15:47
PB (50m pool): 01:15.94 Antwerpen 13/07/2025			PB (25m pool): 01:15.47 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.90	01:15.94	
	00:35.90	00:40.04	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 18:53
Heat: 6/15 Lane : 8 Athlete: JACOB EMMA			Q-time: 01:16:79
PB (50m pool): 01:18.68 Antwerpen 13/07/2025			PB (25m pool): 01:16.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.82	01:18.68	
	00:37.82	00:40.86	
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 18:55
Heat: 7/15 Lane : 7 Athlete: DENEFF ELLA			Q-time: 01:14:30
PB (50m pool): 01:14.30 Aalst 20/12/2025			PB (25m pool): 01:21.70 SB: 01:14.30 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:34.98	01:14.30	
	00:34.98	00:39.32	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 19:00
Heat: 10/15 Lane : 3 Athlete: HOEBEECK TINNE			Q-time: 01:07:84
PB (50m pool): 01:09.61 Aalst 11/05/2025			PB (25m pool): 01:07.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.55	01:09.61	
	00:33.55	00:36.06	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 19:02
Heat: 11/15 Lane : 4 Athlete: DE GROOTE LIESL			Q-time: 01:05:54
PB (50m pool): 01:06.62 La Louvière 25/05/2025			PB (25m pool): 01:05.54 SB: 01:08.31 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:32.32	01:06.62	
	00:32.32	00:34.30	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 19:02
Heat: 11/15 Lane : 8 Athlete: VAN DORPE ADA			Q-time: 01:07:13
PB (50m pool): 01:08.24 LOCHRISTI 25/01/2026			PB (25m pool): 01:07.13 SB: 01:08.24 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:08.24	
	no time		
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 19:03
Heat: 12/15 Lane : 2 Athlete: OSSELAER GEIKE			Q-time: 01:05:10
PB (50m pool): 01:08.56 Aalst 28/06/2025			PB (25m pool): 01:05.10 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.04	01:08.56	
	00:33.04	00:35.52	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:13, starttime: 19:05
Heat: 13/15 Lane : 8 Athlete: BAYENS NINA			Q-time: 01:04:18
PB (50m pool): 01:04.96 Aalst 11/05/2025			PB (25m pool): 01:04.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.60	01:04.96	
	00:31.60	00:33.36	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:15, starttime: 19:08
Heat: 15/15 Lane : 3 Athlete: EELBODE EMELIE			Q-time: 00:59:44
PB (50m pool): 01:01.65 Aalst 28/06/2025			PB (25m pool): 00:59.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.01	01:01.65	
	00:30.01	00:31.64	
			

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+			Heat:3, starttime: 19:13
Heat: 3/7 Lane : 1 Athlete: TALHAOU MAHER			Q-time: 00:41:30
PB (50m pool): 00:41.30 Aalst 11/05/2025			PB (25m pool): no time SB: no time
	5 0 M		
PB	00:41.30		
	00:41.30		
			

Coach feedback:

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 19:13
Heat: 3/7 Lane : 6 Athlete: OSSELAER ELANO		Q-time: 00:40:29
PB (50m pool): no time		PB (25m pool): 00:40.29 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 19:14
Heat: 4/7 Lane : 1 Athlete: DE DONDER THOR		Q-time: 00:38:79
PB (50m pool): 00:39.69 Aalst 28/06/2025		PB (25m pool): 00:38.79 SB: no time
	5 0 M	
PB	00:39.69	
	00:39.69	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 19:14
Heat: 4/7 Lane : 2 Athlete: DE BACKER RUNE		Q-time: 00:38:19
PB (50m pool): 00:38.23 Aalst 28/06/2025		PB (25m pool): 00:38.19 SB: no time
	5 0 M	
PB	00:38.23	
	00:38.23	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 19:14
Heat: 4/7 Lane : 4 Athlete: TER-EGANYAN ARMAN		Q-time: 00:37:51
PB (50m pool): 00:40.72 Aalst 11/05/2025		PB (25m pool): 00:37.51 SB: no time
	5 0 M	
PB	00:40.72	
	00:40.72	
		

Coach feedback:

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 19:14
Heat: 4/7 Lane : 6 Athlete: DE WITTE JUUL		Q-time: 00:38:05
PB (50m pool): no time		PB (25m pool): 00:38.05 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:5, starttime: 19:15
Heat: 5/7 Lane : 4 Athlete: AHALLAL ADAM		Q-time: 00:36:05
PB (50m pool): 00:36.47 Antwerp 02/02/2025		PB (25m pool): 00:36.05 SB: no time
	5 0 M	
PB	00:36.47	
	00:36.47	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:5, starttime: 19:15
Heat: 5/7 Lane : 5 Athlete: WALTNIEL BAVO		Q-time: 00:36:05
PB (50m pool): 00:38.63 Antwerpen 20/04/2025		PB (25m pool): 00:36.05 SB: no time
	5 0 M	
PB	00:38.63	
	00:38.63	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:7, starttime: 19:17
Heat: 7/7 Lane : 1 Athlete: WALTNIEL NAND		Q-time: 00:33:49
PB (50m pool): 00:34.44 Aalst 11/05/2025		PB (25m pool): 00:33.49 SB: no time
	5 0 M	
PB	00:34.44	
	00:34.44	
		

Coach feedback:

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Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:7, starttime: 19:17
Heat: 7/7 Lane : 2 Athlete: DEKYVERE MATHIAS		Q-time: 00:32:88
PB (50m pool): 00:33.47 La Louvière 25/05/2025 PB (25m pool): 00:32.88 SB: no time		
	5 0 M	
PB	00:33.47	
	00:33.47	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:2, starttime: 19:20
Heat: 2/4 Lane : 8 Athlete: KEMSEKE JENNE		Q-time: 00:44:55
PB (50m pool): 00:46.96 Aalst 28/04/2024 PB (25m pool): 00:46.27 SB: no time		
	5 0 M	
PB	00:46.96	
	00:46.96	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 19:21
Heat: 3/4 Lane : 1 Athlete: VAN NIEUWENHUYSE LOTTE		Q-time: 00:40:93
PB (50m pool): 00:45.33 Aalst 28/04/2024 PB (25m pool): 00:40.93 SB: no time		
	5 0 M	
PB	00:45.33	
	00:45.33	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 19:21
Heat: 3/4 Lane : 2 Athlete: REYCHLER JINNE		Q-time: 00:39:15
PB (50m pool): 00:39.26 Aalst 11/05/2025 PB (25m pool): 00:39.15 SB: no time		
	5 0 M	
PB	00:39.26	
	00:39.26	
		

Coach feedback:

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Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 19:21
Heat: 3/4 Lane : 3 Athlete: LEGRAND ALICIA		Q-time: 00:38:55
PB (50m pool): 00:48.50 Aalst 30/04/2023		PB (25m pool): 00:38.55 SB: no time
	5 0 M	
PB	00:48.50	
	00:48.50	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 19:21
Heat: 3/4 Lane : 4 Athlete: OSSELAER KATO		Q-time: 00:37:98
PB (50m pool): 00:37.98 Aalst 11/05/2025		PB (25m pool): 00:38.47 SB: no time
	5 0 M	
PB	00:37.98	
	00:37.98	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:4, starttime: 19:23
Heat: 4/4 Lane : 3 Athlete: DE SMET LILY		Q-time: 00:36:80
PB (50m pool): 00:39.37 Zwembad Brigitte Becue Oostend 10/05/2025		PB (25m pool): 00:36.80 SB: no time
	5 0 M	
PB	00:39.37	
	00:39.37	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE WOMEN 13+		Heat:4, starttime: 19:23
Heat: 4/4 Lane : 4 Athlete: BULLEN LOTTE		Q-time: 00:36:30
PB (50m pool): 00:38.05 Aalst 11/05/2025		PB (25m pool): 00:36.30 SB: no time
	5 0 M	
PB	00:38.05	
	00:38.05	
		

Coach feedback:

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Event number: 16: 50M BREASTSTROKE WOMEN 13+				Heat:4, starttime: 19:23
Heat: 4/4 Lane : 6 Athlete: RUYSSINCK DIEDE				Q-time: 00:36:96
PB (50m pool): 00:37.75 Antwerpen 27/07/2025				PB (25m pool): 00:36.96 SB: no time
	5 0 M			
PB	00:37.75			
	00:37.75			
				

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:3, starttime: 19:39
Heat: 3/7 Lane : 1 Athlete: KEMSEKE JENNE					Q-time: 03:05:22
PB (50m pool): 03:05.22 Antwerpen 13/07/2025					PB (25m pool): 03:15.14 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.99	01:32.77	02:24.90	03:05.22	
	00:45.99	00:46.78	00:52.13	00:40.32	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:4, starttime: 19:43
Heat: 4/7 Lane : 3 Athlete: DE GROOTE LIESL					Q-time: 02:48:70
PB (50m pool): 02:54.31 La Louvière 25/05/2025					PB (25m pool): 02:48.70 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.39	01:20.18	02:13.99	02:54.31	
	00:35.39	00:44.79	00:53.81	00:40.32	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:4, starttime: 19:43
Heat: 4/7 Lane : 6 Athlete: VAN DORPE ADA					Q-time: 02:48:77
PB (50m pool): 02:57.50 Antwerpen 13/07/2025					PB (25m pool): 02:48.77 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.24	01:24.02	02:17.53	02:57.50	
	00:39.24	00:44.78	00:53.51	00:39.97	
					

Coach feedback:

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:5, starttime: 19:46
Heat: 5/7 Lane : 3 Athlete: OSSELAER GEIKE					Q-time: 02:42:96
PB (50m pool): 02:52.42 Antwerpen 13/07/2025					PB (25m pool): 02:42.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.73	01:23.05	02:14.57	02:52.42	
	00:36.73	00:46.32	00:51.52	00:37.85	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:7, starttime: 19:52
Heat: 7/7 Lane : 7 Athlete: RUYSSINCK DIEDE					Q-time: 02:34:78
PB (50m pool): 02:43.26 Antwerpen 27/07/2025					PB (25m pool): 02:34.78 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.13	01:17.59	02:04.09	02:43.26	
	00:33.13	00:44.46	00:46.50	00:39.17	
					

Coach feedback:

Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 19:56
Heat: 1/1 Lane : 1 Athlete: TEAM ZNA 1							Q-time: 99:99:99
PB (50m pool):			PB (25m pool):			SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M 4 0 0 M
PB							
							

Coach feedback:

Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 19:56
Heat: 1/1 Lane : 2 Athlete: TEAM ZNA 1							Q-time: 99:99:99
PB (50m pool):			PB (25m pool):			SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M 4 0 0 M
PB							
							

Coach feedback: